

# NORTH RIDGEVILLE PARKS & RECREATION

## 2025 Fall Program Guide

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**Registration  
Begins  
August 11**



**SCAN QR CODE**

**USE YOUR SMART PHONE TO ACCESS OUR ONLINE  
PROGRAM GUIDE AND WEBSITE TO REGISTER.**

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Dear Residents,

As we transition into the fall season and the holidays, there's something special about the crisp air, colorful leaves and the many opportunities for our community to come together and enjoy it all. Our Parks and Recreation team has once again created a fantastic lineup of programs and events for all ages to enjoy this season.

From youth sports and fitness classes to family-friendly seasonal events, there's no shortage of opportunities to stay active and engaged. I encourage you to take a look through this guide. You're sure to find something you'll love.

As we look ahead, I'm also excited to share that Parks and Recreation is beginning work on a comprehensive 10-year master plan to guide the future of our parks, programs and green spaces. Stay tuned for updates. I want to thank our Parks and Recreation staff, volunteers and Commission members for their dedication to creating vibrant programming throughout the city and a welcoming park system for all to enjoy.

There's always something happening in North Ridgeville and I invite you to stay connected. You are invited to stop by City Hall from 8:30 to 9:30 a.m. and attend one of our monthly Coffee and Conversations in Council Chambers where I provide project updates and answer your questions. Upcoming dates are September 15, October 17, November 18 and December 18.

Other opportunities to stay informed include:

- Visit [nridgeville.org](http://nridgeville.org)
- Follow us on Facebook at City of North Ridgeville Government and North Ridgeville Parks & Recreation
- Subscribe to our monthly eNewsletter at [nridgeville.org/StayConnected](http://nridgeville.org/StayConnected)
- Sign up for alerts at [nridgeville.org/StayConnected](http://nridgeville.org/StayConnected)
- Watch my weekly video updates on our website or Facebook

I hope to see you out enjoying the season, whether it's at a park, community event or just grabbing a cup of coffee. Here's to a fun and fulfilling fall in North Ridgeville!

Warm regards,  
***Mayor Kevin Corcoran***

# MAYOR'S MESSAGE



# MEET YOUR TEAM

## Kevin Fougrousse

*Parks and Recreation Director*

✉ [kfougrousse@nridgeville.org](mailto:kfougrousse@nridgeville.org)

☎ (440) 490-2051



## Matthew Murphy

*Recreation Services Administrator*

✉ [mmurphy@nridgeville.org](mailto:mmurphy@nridgeville.org)

☎ (440) 490-2053



## Hannah Barkhurst

*Program Supervisor*

✉ [hbarkhurst@nridgeville.org](mailto:hbarkhurst@nridgeville.org)

☎ (440) 490-2054



# PARKS & FACILITIES GUIDE



FACILITY:	LOCATION:
Safetyville Building	35753 Bainbridge Road
Community Cabin	35717 Bainbridge Road
Indoor Batting Cage	37077 Shady Drive
Concession Stands 1 & 2	37077 Shady Drive
Concession Stand	8949 Root Road
Concession Stand	5463 Mills Creek Lane

The City of North Ridgeville is home to 4 community parks and over 113 acres of park land. Parks range in size and provide a mix of features and amenities to meet a variety of needs. The list below highlights four types of parks found throughout the City, along with facilities operated and maintained by North Ridgeville Parks & Recreation.

**All parks are open dawn to dusk.**  
**Lighted facilities open until 11:00 PM (Restrictions may apply)**

PARKS:	LOCATION:	ACRES:	AMENITIES:														
South Central Park	7565 Avon Belden Road	28.98															
Root Road Park	8949 Root Road	12.32															
Frontier Park	5463 Mills Creek Lane	12.54															
Shady Drive Complex	37077 Shady Drive	59.39															

# GENERAL INFORMATION

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## Office Information

North Ridgeville Parks & Recreation  
7327 Avon Belden Road  
North Ridgeville, Ohio 44039

Phone: (440) 490-2052  
Fax: (440) 490-2051  
Weather Hotline: (440) 210-6226  
Website: [www.nridgeville.org/parksandrec](http://www.nridgeville.org/parksandrec)

Office Hours:  
8:00AM-4:30PM Monday-Friday  
Closed Saturdays & Sundays

## Refund Policy

View the NRPRD Refund Policy at [www.nridgeville.org/parksandrec](http://www.nridgeville.org/parksandrec). Click on policy tab to view the Parks & Recreation policy.

## Photo Policy

North Ridgeville Parks & Recreation reserves the right to take photos of participants enrolled in programs or those attending a Parks & Recreation event. These photos are to be used strictly by the North Ridgeville Parks & Recreation for the purpose of advertising in future program guides, catalogs, pamphlets, flyers and on the department website. Organizations, including media relations, must have permission from the Parks & Recreation Director or Recreation Supervisor prior to taking photographs.

## Program Cancellation

North Ridgeville Parks & Recreation reserves the right to cancel any activity, program or event based on insufficient registrations, supervision or facilities. All activities, programs or events will either be rescheduled or fees refunded.

All classes require a minimum number of participants in order to be conducted. If the class minimum is not met by the deadline date, the activity is cancelled. Please register at least 5 days prior to the beginning of the activity.

## How To Register

### Online

Visit [www.nridgeville.org/parksandrec](http://www.nridgeville.org/parksandrec). Login or create your account to register. All credit card transactions will be assessed a 3.0% convenience fee. This fee does not apply to other payment forms such as cash, EFT (electronic fund transfer) or personal checks.

### By Mail

Mail in a completed registration form with payment to:

North Ridgeville Parks & Recreation  
7307 Avon Belden Road  
North Ridgeville, Ohio 44039

### In-Person

Drop off completed registration form with payment at North Ridgeville Parks & Recreation Monday-Friday between 8:00AM-4:30PM.

### Drop Box

Can't make it during the hours of operation? Place your registration form and check payment (NO CASH) in an envelope and place in our secure drop box on our office door, 24/7. Make checks payable to NR PARKS & REC.

## Tot Programs

### Gym and Story Time

Come join us with North Ridgeville Branch Library for a story and some movement to burn off some energy. Children can come and have some fun while making new friends. Your child will experience gross motor movements and social skills, with stories and a snack.

**Instructors:** NR Branch Library & Michelle Carey  
**Ages:** 2-5 year olds

**Class Size:** 04 minimum/15 maximum

**Fee:** 5 Resident/6 Non-Resident

**Drop-In Fee:** 6 Resident / 7 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	FRI	09.05	10:00-11:00AM
Ses II	FRI	09.19	10:00-11:00AM
Ses III	FRI	10.03	10:00-11:00AM
Ses IV	FRI	10.17	10:00-11:00AM
Ses V	FRI	11.07	10:00-11:00AM
Ses VI	FRI	11.21	10:00-11:00AM
Ses VII	FRI	12.05	10:00-11:00AM
Ses VIII	FRI	12.19	10:00-11:00AM

### Magical Munchkins

This is a gentle introductory dance class that includes tap, ballet and dance games. It is energetic, expressive, and fun and will have your magical dancer learning the dance basics in an age-appropriate way. Classes start with tap and then transition into ballet each week. Parent (or caregiver) presence required as adults participate as needed. Please save snacks for before or after class for a successful and safe learning environment. Dancers must be at least 24 months old prior to the session starting.

**Instructor:** Dance To EvOLvE

**Ages:** 2-3 year olds

**Class Size:** 06 minimum/16 maximum

**Fee:** 123 Resident/133 Non-Resident

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	09.15-10.27	4:30-5:10PM
Ses II	MON	11.03-12.15	4:30-5:10PM

### Petite Stars Tap & Ballet

Step into our enchanting introductory dance class where rhythm, grace, and boundless fun await! Our dynamic sessions seamlessly blend tap + ballet, and engaging dance games, creating an energetic and expressive atmosphere where every child can shine. Classes are continuous and progressive each session, guiding your dancer toward a dazzling on-stage performance in the spring. Parents (or caregivers), your presence is required as you support your child's journey, joining in as needed to make this experience truly special. Come join our warm and inviting dance family, where every class is a step toward something truly magical.

**Instructor:** Dance To EvOLvE

**Ages:** 3-6 year olds

**Class Size:** 06 minimum/16 maximum

**Fee:** 123 Resident/133 Non-Resident

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	09.15-10.27	5:15-6:10PM
Ses II	MON	11.03-12.15	5:15-6:10PM

### Soulful Trails: Nature Connection Caregiver & Me

Slow down, explore, and connect — together! This 4-week Caregiver & Me nature connection series is designed for young children (ages 3-6) and their grown-ups to experience the magic of nature side by side. Each week, we'll head outdoors for gentle nature walks, hands-on art activities, playful storytelling, and sensory exploration. From collecting leaves to creating art with natural materials, every class encourages curiosity, creativity, and mindfulness — all while strengthening your bond with each other and the natural world. This is a relaxed, joyful experience that invites you to notice the small wonders all around us. All materials are provided. Just bring your sense of wonder! Please dress for the weather—we'll be outside unless there's a storm. Be ready to walk and stand for 20-40 minutes. There are benches along the path, but we'll be moving around during most of the class.

**Instructor:** Annette Kramer

**Ages:** 3-6 year olds

**Class Size:** 05 minimum/10 maximum

**Fee:** 50 Resident/60 Non-Resident

**Includes 10 supply fee. 2<sup>nd</sup> child is only 15 extra**

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	TUES	09.09-09.30	4:00-4:50PM
Ses II	TUES	10.28-11.18	4:00-4:50PM

### Hummingbirds Soccer Presented By:

#### Jump Start Sports

Children will have fun while learning the basics of soccer, dribbling, passing, trapping, shooting and positioning. Each session consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills in a low-key, non-competitive game. All participants will receive a team shirt and a participation medal.

**Instructor:** Jump Start Sports

**Ages:** 3-4 & 5-6 year olds

**Class Size:** 04 minimum/40 maximum

**Fee:** 110 Resident/Non-Resident

**Registration taken at:** [www.jumpstartsports.com](http://www.jumpstartsports.com)

**Location:** Shady Drive Field No. 1 37077 Shady Dr.

Day	Date	Time	Ages
WED	09.03-10.08	5:30-6:30PM	3-4
WED	09.03-10.08	6:30-7:30PM	5-6

## Youth Programs

### Beginning Art

Kids will begin to develop a love for art! We will start to learn different techniques and explore different mediums. Each week the children will create a unique piece of art, all of which will be displayed during an art show on the last day. Please wear clothes that can get dirty.

**Instructor:** Amanda Hamilton

**Ages:** 5-10 year olds

**Class Size:** 05 minimum/10 maximum

**Fee:** 55 Resident/65 Non-Resident

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	SAT	09.06-09.27	11:00AM-NOON
Ses II	SAT	11.15-12.13	11:00AM-NOON

No class 11.29.25

### Beginning Figure Drawing

Unleash your child's inner artist! In this beginner-friendly class, young creators will explore the fundamentals of figure drawing—learning how to bring people to life on paper with simple shapes, proportions, and techniques. With guided instruction and plenty of hands-on practice, each child will finish the session with a self portrait. Perfect for curious minds and budding illustrators alike!

**Instructor:** Amanda Hamilton

**Ages:** 8-12 year olds

**Class Size:** 05 minimum/10 maximum

**Fee:** 35 Resident/45 Non-Resident

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	SAT	09.09-09.27	10:00-10:45AM
Ses II	SAT	11.15-12.13	10:00-10:45AM

No class 11.29.25

### Soulful Trails: Nature Connection Kids

Do you like being outside, making art, or just having fun in nature? In this 4-week class, we'll take a break from screens and head outdoors to slow down, play, and explore the world around us.

Each week, we'll do cool activities like short nature walks, quiet time to look and listen, fun art projects, and simple ways to relax and enjoy being outside. You don't need to be an artist or know a lot about nature—just bring your curiosity!

We'll be outdoors every week (unless it's storming!), so dress for the weather and be ready to move around and have fun outside for 20-40 minutes.

**Instructor:** Annette Kramer

**Ages:** 7-12 year olds

**Class Size:** 05 minimum/15 maximum

**Fee:** 50 Resident/60 Non-Resident

**Includes 10 supply fee**

**Location:** Community Cabin 35717 Bainbridge Rd.

Day	Date	Time
WED	10.01-10.22	4:00-4:50PM

### Soulful Trails: Nature Connection Teens

Need a break from screens, stress, or the everyday rush? Come recharge outside. In this 4-week series, we'll explore how spending time in nature can help you feel more grounded, creative, and calm. Each session includes a mix of guided walks, sit spots, art, journaling, and mindfulness activities — all designed to help you connect with nature in your own way.

Whether you're into drawing, writing, being outdoors, or just curious about slowing down and noticing more, this class gives you space to explore and reflect.

We'll meet outside each week (unless there's a storm), so dress for the weather and be ready to move around and be outside for 20-40 minutes. No experience needed — just come as you are. All materials are provided.

**Instructor:** Annette Kramer

**Ages:** 13-17 year olds

**Class Size:** 05 minimum/15 maximum

**Fee:** 50 Resident/60 Non-Resident

**Includes 10 supply fee**

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	TUES	09.09-09.30	5:00-5:50PM
Ses II	WED	10.01-10.22	5:00-5:50PM
Ses III	TUES	10.28-11.18	5:00-5:50PM

## Kids Yoga

Kids will improve their strength, balance, attention and coordination through fun yoga stories, games, and poses. They will learn healthy stress and anxiety coping mechanisms and work on building self-esteem in a non-competitive environment. They will also learn about self-love and the importance of showing kindness to others. Please bring a yoga mat.

**Instructor:** Brandy Reichman

**Ages:** 5-8 year olds

**Class Size:** 06 minimum/10 maximum

**Fee:** 45 Resident/55 Non-Resident

**Location:** Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	WED	09.03-09.24	6:00-7:00PM
Ses II	WED	10.01-10.22	6:00-7:00PM
Ses III	WED	10.29-11.19	6:00-7:00PM

## Leave No Trace Overview

"Leave No Trace" is a set of outdoor ethics and principles designed to minimize human impact on the environment, ensuring that natural areas remain pristine for future generations. It's a framework for responsible outdoor recreation, promoting practices that preserve the wilderness and its resources.

**Intended for both child-parent to attend together.**

**Instructor:** Annette Kramer

**Ages:** Open To All Ages

**Class Size:** 05 minimum/15 maximum

**Fee:** Program is FREE

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	WED	09.10	6:00-6:45PM
Ses II	TUES	10.07	6:00-6:45PM
Ses III	WED	11.05	6:00-6:45PM

## Family & Friends CPR

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Cost covers booklet for you to keep. A CPR certificate is not given upon completion of this class.

**Instructor:** North Ridgeville Fire Department

**Ages:** 8 and Up

**Class Size:** 04 minimum/20 maximum

**Fee:** 3 Resident/5 Non-Resident

**Location:** NR Fire Station 1 7000 Ranger Way

Session	Day	Date	Time
Ses I	SAT	09.13	9:00-11:00AM
Ses II	SAT	11.15	9:00-11:00AM



## Foil en Epee Fencing

The art of swordsmanship has been practiced for centuries. First, it was to train for deadly combat —the duel. Now, it is fun and safe for boys and girls, men and women. Join instructor Tom Nagy and the On Target Fencing Team as they teach you Foil and Epee in a serious setting open to beginners and experienced fencers. For more info contact Tom Nagy at (440) 327-0808.

**Instructor:** Tom Nagy

**Ages:** 8 and Up

**Class Size:** 04 minimum/36 maximum

**Fee:** 85 Resident/95 Non-Resident (eqpt. included)

**Location:**

THUR: Shady Dr. Indoor MP Facility 37077 Shady Dr.

SAT: Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	TH/SAT	09.04-09.27	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
Ses II	TH/SAT	10.02-10.30	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
Ses III	TH/SAT	11.01-11.29	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
<b>No class 11.27.25</b>			
Ses IV	TH/SAT	12.04-12.27	8:00-9:30PM (TH) 9:00AM-12:30PM (S)
<b>No class 12.25.25</b>			

## Beat Busters Hip Hop

Welcome to Beat Busters, where the rhythm never stops and the energy is always high! Designed for boys and girls ready to unleash their inner dance superstar, our dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all. As dancers groove and grow, they're encouraged to join us on an exciting journey towards our annual Spring showcase, where they'll have the chance to shine on stage and showcase their newfound skills to the world.

**Instructor:** DanceTo EvOLvE

**Ages:** 4-7 year olds

**Class Size:** 04 minimum/15 maximum

**Fee:** 123 Resident/133 Non-Resident

**Location:** Community Cabin 35717 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	09.15-10.27	6:15-7:10PM
Ses II	MON	11.03-12.15	6:15-7:10PM

# Youth Sports

## Scorekeepers Wanted:

Interested in making some money this winter? Look no further than NRPRD. We are looking for individuals to keep score for our 1st-12th grade Jr. Ranger Youth Basketball Program.

Interested candidates should contact Matthew Murphy at (440) 490-2053 or mmurphy@nridgeville.org.

Must be at least 14 years old and up to work.



## 1st & 2nd Grade

### Jr. Ranger Basketball Program

This recreational league focuses on teaching the basic fundamentals of the game in a supportive environment. Boys and girls will be placed in separate divisions; however, if there are not enough girls registered, the league will be coed.

**New this year:** During the months of November and December, teams will have one scheduled practice per week. Once the season begins, teams will hold a 30-minute practice immediately before each game, allowing players to review skills and prepare for gameplay. League play tentatively starts in December. Teams play 8 regular season games, no tournament. Uniforms provided by North Ridgeville Parks & Recreation. **Sign up online or in-person before October 10 to receive our early bird rate. After October 10 the program fee increases by \$10.**

**Ages:** Grades 1st & 2nd

**Fee:** 80 Resident/90 Non-Resident

**Location:** NR High School 34620 Bainbridge Rd.

Day	Date	Time
SUN	DEC-FEB	8:30AM-1:00PM

## 3rd-9th Grade

### Jr. Ranger Basketball Program

The focus of the 3rd-9th Grade Jr. Ranger Basketball League is to develop the player's skills, experience, and knowledge of basketball. Fundamentals and basics are the cornerstone of this league with emphasis on fun, sportsmanship, teamwork, skills and equal playing time. Teams practice/play games 1-2 times per week. Practice days/times are picked by the coach and what works best for their schedule. Practices generally start in November. League play tentatively starts in December. Games are played on Saturdays with potential games on Sundays. The league partners with surrounding communities. **Sign up online or in-person before October 10 to receive our early bird rate. After October 10 the program fee increases by \$10.**

**Ages:** Grades 3rd-9th

**Fee:** 90 Resident/100 Non-Resident

**Location:** N.Ridgeville & Surrounding Communities

Day	Date	Time
SAT/SUN	DEC-MAR	8:00AM-5:00PM

## 9th-12th Grade

### Jr. Ranger Intramural Basketball Program

The 9th-12th Grade Basketball Program is intramural based. No coaches, students are captains of their team. We try to schedule one practice per week but practices are not guaranteed. Games begin in January and played on Sundays. **Sign up online or in-person before November 21 to receive our early bird rate. After November 21 the program fee increases by \$10.**

**Ages:** Grades 9th-12th

**Fee:** 80 Residents Only

**Location:** NR High School 34600 Bainbridge Rd.

Day	Date	Time
SUN	JAN-MAR	1:00-4:00PM

## Baseball Hitting Clinic

With Mike Byrne

Our baseball hitting clinic is designed to improve one's skills while participating in a number of drills/exercises geared towards enhancing the player's performance. These drills will be done under the supervision of Mike Byrne. Mike is a youth baseball coach with over 10 years of experience running hitting clinics and coaching high school and travel baseball programs.

**Instructor:** Mike Byrne & Staff

**Ages:** 6-12 year olds

**Fee:** 80 Resident/90 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Day	Date	Time	Ages
SUN	09.07-09.28	9:00-10:00AM	6-7
SUN	09.07-09.28	10:00-11:00AM	8-9
SUN	09.07-09.28	11:00AM-NOON	10-12

## NR Lacrosse Learn-To-Play Program

This is a beginner's clinic introducing the fundamentals of lacrosse. Participants will learn the basic skills of ground balls, passing, catching, and cradling in a fun-filled environment. The one-day clinic will be taught by NR Lacrosse Coaching Staff. No equipment is required. Lacrosse sticks will be provided for use during the clinic.

**Instructor:** NR Lacrosse Coaching Staff

**Ages:** Grades 2nd-12th

**Class Size:** 10 minimum/30 maximum

**Fee:** 25 Resident/35 Non-Resident

**Location:**

North Olmsted Recreation Center 26000 Lorain Rd.

Day	Date	Time
SUN	11.16	3:00-5:00PM



## Sunday Night Lacrosse Skills & Competition Series

Hit the turf on Sunday nights for our action-packed lacrosse development program! Designed for players of all skill levels, this weekly series emphasizes fundamentals, gameplay, and fun through fast-paced drills and challenges. **Grades 3rd-5th** will take part in a 1-hour session featuring 40 minutes of focused skill development—covering passing, shooting, and dodging—followed by 20 minutes of high-energy competitions like 3v3 small-sided games, relay races, and fastest shot contests. **Grades 6th-8th** will participate in a 90-minute session that dives deeper into advanced skills including passing, shooting, dodging, and defensive strategy. Players will compete in 1v1s, 3v3s, and team advantage drills (2v1, 3v2, 4v3), along with accuracy challenges and fastest shot competitions.

Each night, winners from the competition segments will take home awesome Ohio State and PLL gear giveaways. Don't miss your chance to level up your game and compete in a fun, supportive environment! Connor Cmiel is a former All American lacrosse player at Ohio State who recently signed with the PLL Waterdogs. **Players must supply own equipment (sticks & shoulder pads).**

**Instructor:** Connor Cmiel & Staff

**Ages:** Grades 3rd-8th

**Class Size:** 10 minimum/30 maximum

**Fee:** 80 Resident/90 Non-Resident

**Location:** Frontier Park 5463 Mills Creek Lane

Day	Date	Time	Grades
SUN	09.14-10.19	2:00-3:00PM	3rd-5th
SUN	09.14-10.19	3:00-4:30PM	6th-8th

## North Ridgeville Youth Lacrosse Program

Open to North Ridgeville and nearby communities without their own lacrosse programs, this league teaches fundamentals while fostering sportsmanship in a positive, inclusive environment. As a member of the Northern Ohio Lacrosse League (NOLL), teams play 8-10 games and compete in two tournaments. The season includes indoor preseason training (mid-Jan-mid-Mar) and outdoor practices starting in March, with games running through late May. Players provide their own equipment; uniforms are provided and kept by players. **Sign up online or in-person before November 21 to receive our early bird rate. After November 21 the program fee increases by \$10.**

**Ages:** Grades 3rd-8th

**Date:** January-May

**Fee:** 225 Resident/235 Non-Resident

**Location:** Various Locations

League	Grade
Bantam	3rd & 4th
Youth	5th & 6th
Middle School	7th & 8th

**North Ridgeville High School Lacrosse Program.** The North Ridgeville Lacrosse Program introduces and promotes lacrosse to local youth and neighboring communities without their own programs. We focus on teaching fundamentals and fostering sportsmanship in a positive, inclusive setting.

Our high school team operates as a JV-level club, not affiliated with North Ridgeville High School. Players may come from other school districts. The team plays 10-12 games per season, with travel up to 60+ minutes. Outdoor practices begin in February and may occur up to five days a week. The season runs from March to mid-May. Players must provide their own equipment; uniforms are provided and kept by the player. **Sign up online or in-person before November 21 to receive our early bird rate. After November 21 the program fee increases by \$10.**

**Ages:** Grades 9th-12th

**Date:** February-May

**Fee:** 225 Resident/235 Non-Resident

**Location:** Various Locations

League	Grade
High School	9th-12th

# Fitness

## All Levels Yoga

Our class, beginners to experienced students, will do poses focusing on alignment, focus-point and breath. The class is a low-to-medium paced flow of movement. You will receive personalized instruction in this 4-week course that shows the fundamentals of yoga. You will explore classic yoga poses, learn healthy body alignment, experiment with modifications and props, and become comfortable with the nature of yoga.

**Instructor:** Danielle Smith

**Ages:** 15 and Up

**Class Size:** 04 minimum/15 maximum

**Fee:** 34 Resident/40 Non-Resident

**Location:** Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	THUR	09.18-10.09	7:30-8:30PM
Ses II	THUR	10.16-11.06	7:30-8:30PM
Ses III	THUR	11.13-12.11	7:30-8:30PM

**No class 11.27.25**

## Motion & Meditation

Join us for movements in a slow, focused manner, meditation and deep breathing. Benefits include reducing stress, help with arthritis conditions, and promoting overall health and wellness. Wear comfortable clothing and shoes that are closed.

**Instructor:** Jeanine Surace

**Ages:** 15 and Up

**Class Size:** 04 minimum/12 maximum

**Fee:** \$50 Resident/\$60 Non-Resident

**Location:** Safetyville Bldg 35753 Bainbridge Rd

Session	Day	Date	Time
Ses I	WED	09.10-10.15	11:00AM-NOON
Ses II	WED	10.22-11.26	11:00AM-NOON
Ses III	WED	12.03-01.21	11:00AM-NOON

**No class 12.24.25 & 12.31.25**



## HIIT Yoga

A blend of yoga with HIIT (High Intensity Interval Training), with low-intensity options, is a workout designed for all levels wanting to develop their fitness & yoga practice. HIIT is alternating intervals of high intensity workout with rest (2:1 ratio-40 seconds of HIIT to 20 seconds in a resting pose). The portions of the class are: 5 minutes centering, 10 minutes yoga warm-up flow, 30 minutes yoga HIIT, 10 minutes cool-down yoga flow & ending with 5 minutes savasana. Receiving the benefits both a HIIT (cardio) & Yoga (balance & flexibility) have to offer!

**Instructor:** Danielle Smith

**Ages:** 15 and Up

**Class Size:** 04 minimum/15 maximum

**Fee:** 34 Resident/40 Non-Resident

**Location:** Safetyville Bldg. 35753 Bainbridge Rd.

Session	Day	Date	Time
Ses I	MON	09.15-10.06	6:30-7:30PM
Ses II	MON	10.13-11.03	6:30-7:30PM
Ses III	MON	11.10-12.01	6:30-7:30PM
Ses IV	MON	12.08-12.29	6:30-7:30PM

## Sound Bath

Join Becky Hopp from With a Grateful Heart Wellness, as she takes you on a relaxing journey using the highest grade Crystal Alchemy Singing Bowls. This full body relaxation experience will help with stress, tension, sleeplessness, anxiety, depression, grief, physical pain, addiction and more. Based on ancient healing techniques, this occurs through the sound wave vibrations which calm the nervous system and balance the subtle body. Are you ready to let go of stress & worry? Be prepared to leave the session feeling refreshed, radiant, and glowing from the inside out. Come be bathed in the healing vibrations of sound, all from the comfort of your own yoga mat.

**Instructor:** Becky Hopp

**Ages:** 15 and Up

**Class Size:** 04 minimum/20 maximum

**Fee:** 30 Resident/40 Non-Resident

**Location:** Senior Center 7327 Avon Belden Rd.

Session	Day	Date	Time
Ses I	MON	09.08	6:30-7:30PM
Ses II	MON	10.13	6:30-7:30PM
Ses III	MON	11.10	6:30-7:30PM
Ses IV	MON	12.08	6:30-7:30PM

## Spinning

When in need of a challenging workout, innovative equipment, or a flat-out fun experience, look to Spinning and start enjoying the benefits of indoor cycling. This class is a great cardiovascular workout. Pedal through hill climbs, sprints, and many other challenging drills and exercises. An indoor cycling class set to exciting music tracks and choreographed to provide an excellent workout and improve cardiovascular conditioning. Please bring a water bottle and towel.

**Instructors:** Ralph Mlady & Holly Haputa

**Ages:** 15 and Up

**Class Size:** 04 minimum/12 maximum

**Fee:** 50 Resident/60 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	MON	10.13-11.17	6:30-7:30PM
Ses II	MON	11.24-12.22	6:30-7:30PM
Ses I	WED	09.17-10.22	6:30-7:30PM
Ses II	WED	10.29-12.03	6:30-7:30PM
Ses III	WED	12.10-01.28	6:30-7:30PM
<b>No class 12.24.25 &amp; 12.31.25</b>			

## Stroller Strong

Stroller Strong is an energetic, total-body workout designed for moms with kids in tow! Each 60-minute workout focuses on strength training, basic cardio, and core restoration, all while entertaining little ones with songs, activities, and fun! The Stroller Strong instructor is skilled to meet you where you are mentally and physically by providing motivation and modifications in a judgment free zone so you get the best workout possible! You'll leave class feeling connected, successful, and energized. No mommy guilt here! This class is all about self-care in a supportive and encouraging environment.

**Instructor:** Danielle Stribula

**Ages:** 15 and Up

**Class Size:** 04 minimum/15 maximum

**Fee:** 50 Resident/60 Non-Resident

**Location:** Shady Drive Batting Cage 37077 Shady Dr.

Session	Day	Date	Time
Ses I	WED	09.10-10.15	10:00-11:00AM
Ses II	WED	10.22-11.26	10:00-11:00AM
Ses III	WED	12.03-01.21	10:00-11:00AM
<b>No class 12.24.25 &amp; 12.31.25</b>			

## Turkey Day Zumba

Burn your Thanksgiving calories before you eat them and do something good for the community! Bring a donation of two (2) non-perishable food items or new toys in original packaging to be donated to Community Care. Class fee is \$5.00 for residents & non-residents with a donation or \$7.00 without a donation. This is a Drop-in only event.

**Instructors:** Michelle Carey & Isa Serra

**Ages:** 15 and Up

**Class Size:** 04 minimum/40 maximum

**Pre-Registration Fee:** 5 Resident/6 Non-Resident

**Drop-In Fee:** 6 Resident/7 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Day	Date	Time
THUR	11.27	9:00-10:00AM

## Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Class is an hour and offered year-round.

**Instructors:** Isa Serra & Michelle Carey

**Ages:** 15 and Up

**Class Size:** 04 minimum/40 maximum

**Pre-Registration Fee:** 5 Resident/6 Non-Resident

**Drop-In Fee:** 6 Resident/7 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Session	Day	Date	Time
Ses I	TUES	09.02-09.30	6:30-7:30PM
Ses II	TUES	10.07-10.21	6:30-7:30PM
Ses III	TUES	11.04-11.25	6:30-7:30PM
<b>No class 11.11.25</b>			
Ses IV	TUES	12.02-12.30	6:30-7:30PM
Ses I	THUR	09.04-09.25	6:30-7:30PM
Ses II	THUR	10.02-10.30	6:30-7:30PM
Ses III	THUR	11.06-11.20	6:30-7:30PM
Ses IV	THUR	12.04-12.18	6:30-7:30PM
<b>No class 12.25.25</b>			

Ses I	SAT	10.04-10.25	9:00-10:00AM
Ses II	SAT	11.01-11.22	9:00-10:00AM

**No class 11.29.25**

## 15th Annual Black Light Zumba

Light up the night in white and bright at the 15th Annual Black Light Zumba® Party! Enjoy a fun and exciting Zumba® fitness dance workout with instructors Isa Serra & Michelle Carey! It will be 60 minutes of hot and spicy fun! Everyone can Zumba®! White and neon colors will glow in the black light. Help spread the word and invite someone you know to try Zumba® - - the most fun dance-fitness workout on the planet!

**Instructors:** Isa Serra & Michelle Carey

**Ages:** 15 and Up

**Class Size:** 04 minimum/40 maximum

**Pre-Registration Fee:** 5 Resident/6 Non-Resident

**Drop-In Fee:** 6 Resident/7 Non-Resident

**Location:**

Shady Dr. Indoor MP Facility 37077 Shady Dr.

Day	Date	Time
TUES	10.28	6:30-7:30PM

## UPLIFT

UPLIFT has cracked the code to create a strength-training program that's the perfect balance of effective and FUN! This is not a dance class, but each routine is choreographed to iconic music and you're likely to find a shimmy or a booty shake. Class starts with a cardio warm-up and transitions to standing routines with equipment, alternating between upper and lower body. A balance track is included after you've fatigued your muscles- which is challenging, rewarding, and a welcome change of pace before transitioning to the mat. We complete the workout with routines for the core, booty, abs and chest and a cool down with deep stretching. The experience leaves you feeling strong and confident.

**Instructor:** Jennifer Wiedt

**Ages:** 15 and Up

**Class Size:** 04 minimum/12 maximum

**Fee:** \$50 Resident/\$60 Non-Resident

**Location:** Safetyville Bldg 35753 Bainbridge Rd

Session	Day	Date	Time
Ses I	SUN	09.21-10.26	10:00-11:00AM
Ses II	SUN	11.02-12.07	10:00-11:00AM
Ses III	SUN	12.14-01.18	10:00-11:00AM

## Adult Ed

### How To Avoid Nursing Home Poverty

Much attention is given to estate taxes as a threat to what can be passed on to beneficiaries and, over the last several years, most families are less concerned about estate taxes due to the higher exemptions on federal estate taxes.

What many families fail to see is that, with average annual costs between \$60,000 to \$75,000, long term care costs have always been a larger threat to their lifetime security and to the estate they leave for beneficiaries at death. These costs will increase over time as the cost of care increases with inflation. Few families can cover such costs out of disposable income and resources.

This workshop covers the main methods of covering long term care costs, the strategies to maximize private and public resources and the directives every family should have in place to make sure they can act if a disability or death should strike.

**Instructor:** Candace M. Pollock  
**Ages:** 18 and Up  
**Class Size:** 04 minimum/25 maximum  
**Fee:** 25 Resident/30 Non-Resident  
**Location:** Council Chambers 7307 Avon Belden Rd.  

Day	Date	Time
THUR	11.13	6:30-8:00PM

### Nuts & Bolts of Trusts

Trusts can be one of the most useful and cost-effective legal tools to help people maintain control over their assets during good health, illness and at death—without court costs or delays. Unfortunately, most people, including financial advisors, only think of trusts in terms of saving estate taxes. While this is one benefit of trusts, trusts can also provide many more protections such as shielding inheritances for beneficiaries with failed marriages, bad judgment, creditors, or special needs or those with business interests. This workshop gives an overview of how trusts work, the pros and cons and costs, when to consider using trusts and what should be included in the trust provisions. It covers the Trust Protections Spectrum™ and various asset protection options trust can provide during the trustmaker's and beneficiaries' lifetimes.

**Instructors:** Candace M. Pollock  
**Ages:** 18 and Up  
**Class Size:** 04 minimum/25 maximum  
**Fee:** 25 Resident/ 30 Non-Resident  
**Location:** Council Chambers 7307 Avon Belden Rd.  

Day	Date	Time
THUR	10.09	6:30-8:00PM



### How Prepared Are You & Your Parents For Their Aging Needs?

Caring for an elderly parent often requires families to make complicated decisions across areas with competing rules and strategies—like health care, finances, and government benefits. If they don't strategically navigate these areas, it can result in costly mistakes that cause stress, family conflict, and financial trouble. Come learn how to make smart, caring choices, and avoid preventable problems as your parents' needs change.

**Instructors:** Candace M. Pollock  
**Ages:** 18 and Up  
**Class Size:** 04 minimum/25 maximum  
**Fee:** 25 Resident/ 30 Non-Resident  
**Location:** Council Chambers 7307 Avon Belden Rd.  

Day	Date	Time
THUR	12.11	6:30-8:00PM

### You Already Have An Estate Plan!

EVERYONE already has an estate plan, whether they have taken formal steps to create one or not. Your plan consists of what you own, how you own it, whether you have named beneficiaries, and how it relates to both your needs. The key to a good estate plan is to ensure that it is complete and it works as intended without court involvement. Attendees will learn what legal documents are crucial in maintaining their autonomy.

**Instructors:** Candace M. Pollock  
**Ages:** 18 and Up  
**Class Size:** 04 minimum/25 maximum  
**Fee:** 25 Resident/ 30 Non-Resident  
**Location:** Council Chambers 7307 Avon Belden Rd.  

Day	Date	Time
THUR	09.11	6:30-8:00PM

### American Heart Association

#### CPR/Basic Life Support (BLS) Certification

This class is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings. Participants will learn high-quality CPR for adults, children and infants, AHA Chain of Survival (BLS components), important early use of an AED. Effective ventilations using a barrier device, importance of teams in multi-rescuer resuscitation and performance as an effective team member during multi-rescuer CPR, and relief of foreign-body airway obstruction (choking) for adults and infants. CPR certificate will be received upon completion of this course. Cost covers CPR certificate and materials.

**Instructor:** North Ridgeville Fire Department  
**Ages:** 11 and Up  
**Class Size:** 04 minimum/20 maximum  
**Fee:** 10 Resident/15 Non-Resident  
**Location:** NR Fire Station 1 7000 Ranger Way  

Day	Date	Time
SAT	09.06	9:00AM-1:00PM
SAT	10.04	9:00AM-1:00PM
SAT	11.01	9:00AM-1:00PM
SAT	12.06	9:00AM-1:00PM



### Soulful Trails: Nature Journaling

Slow down and connect with the outdoors in this 2-week nature journaling series. This 50-minute program includes a guided nature walk followed by time to observe, reflect, and journal through writing and sketching—no experience necessary. Week 2 introduces tools, techniques for drawing natural elements, and creative journaling tips. All materials are provided. Please dress for the weather and be prepared to walk and stand for 20–40 minutes.

We'll close with group reflections to explore how journaling enhances our awareness and connection to nature.

**Instructor:** Annette Kramer  
**Ages:** 18 and Up  
**Class Size:** 05 minimum/15 maximum  
**Fee:** 30 Resident/40 Non-Resident  
**Includes 5 supply fee**  
**Location:** Community Cabin 35717 Bainbridge Rd.  

Day	Date	Time
WED	10.29 & 11.05	6:00-6:50PM

### Soulful Trails: Nature Connection

Step away from the rush and reconnect with the natural world — and yourself. In this 4-week nature connection series, we'll explore simple, meaningful ways to deepen your relationship with nature through guided walks, creative expression, and mindful presence. Each week includes a blend of practices such as sit spots, mindful observation, expressive art, and reflective writing — all designed to help you slow down, tune in, and notice the beauty around and within you. Whether you're looking to reduce stress, boost creativity, or just enjoy more time outdoors, this series offers a supportive space to explore and grow. All materials are provided. Just bring your sense of wonder! Please dress for the weather—we'll be outside unless there's a storm. Be ready to walk and stand for 20–40 minutes. There are benches along the path, but we'll be moving around during most of the class.

**Instructor:** Annette Kramer  
**Ages:** 18 and Up  
**Class Size:** 05 minimum/15 maximum  
**Fee:** 50 Resident/60 Non-Resident  
**Includes 10 supply fee**  
**Location:** Community Cabin 35717 Bainbridge Rd.  

Session	Day	Date	Time
Ses I	TUES	09.09-09.30	11:00-11:50AM
Ses II	WED	10.01-10.22	11:00-11:50AM
Ses III	TUES	09.09-09.30	6:00-6:50PM
Ses IV	WED	10.01-10.22	6:00-6:50PM

## Community Events

### North Ridgeville Safety Fair

Come kick off Fire Safety Week with the North Ridgeville Police & Fire Department! There will be food, bounce houses, face painting and other fun activities for kids. Informational tables on hand with fire safety and health tips for adults and children. Fire trucks and ambulances, police cars and street department trucks will be on hand to tour and touch. Area medical helicopters are also planned to visit, weather and emergencies permitting.

**Fee:** FREE to the general public

**Location:**

Fire Station 1 & Police Station 7000 Ranger Way

Day	Date	Time
SAT	10.04	11:00AM-2:00PM

### NRPRD Annual Fall Fest

Join us for an evening of family fun at the Annual Fall Fest! Celebrate the season with a lively mix of exciting games, colorful face painting, amazing balloon twisters, and giant bounce houses that will keep the kids laughing. Enjoy the crisp autumn air with wagon rides, and take in the festive atmosphere filled with music, food, and fall-themed activities for all ages. Whether you're looking to make memories with your kids, spend time with friends, or simply soak in the spirit of fall, the Annual Fall Fest has something for everyone. Don't miss out on this free, fun-filled, family-friendly event!

**Fee:** FREE to the general public

**Location:** South Central Park 7565 Avon Belden Rd.

Day	Date	Time
SAT	10.11	4:00-6:00PM

### Holiday Food & Toy Drive

Non-perishable food items and new toys in original packaging are needed to help benefit Community Care for the holidays. Drop off boxes will be located at City Hall, Parks & Recreation, and Senior Center.

### Items can be dropped off October 31-November 28, Monday-Friday 8:00AM-4:30PM.

We appreciate your donations and thank you for making the holidays brighter for families in need.



### Pumpkin Decorating

Looking to decorate a pumpkin this Halloween? North Ridgeville Parks & Recreation and Senior Center have got you covered! We will have glitter, stickers, paint and other craft supplies to make sure you have the best pumpkin in town. Come create something beautiful, scary or zany- the possibilities only end when your creativity does!

This is an inter-generational program with older adults. All supplies will be provided. Please preregister for this event so that we can have enough supplies for everyone. One pumpkin will be provided to each person preregistered. We will also have a contest to show off your skills and snacks will be provided.

**Ages:** K-5th Grade

**Class Size:** 04 minimum/30 maximum

**Fee:** FREE (pre-registration is required)

**Location:** Senior Center 7327 Avon Belden Rd.

Day	Date	Time
FRI	10.10	10:30AM-NOON



### Tots Trick-or-Treat

Join us for a spook-tacular (and free!) Halloween event at North Ridgeville City Hall. Starting at 1:00PM, your little ones will parade through the building in costume, collecting ghoulish goodies along the way. This not-so-spooky celebration is perfect for our tiniest trick-or-treaters. Pre-registration is required to ensure we have plenty of treats for everyone!

**Ages:** Up to 5 years old

**Fee:** FREE (pre-registration is required)

**Location:** NR City Hall 7307 Avon Belden Rd.

Day	Date	Time
FRI	10.24	1:00PM

### 12th Annual CLE Stache Dash

#### 5K/1 Mile Fun Run-Walk

Join us for the Cleveland Stache Dash, Northeast Ohio's premier celebration of facial hair and fitness! Whether you're rocking a full handlebar, a classic chevron, or a stick-on special, this 1 Mile / 5K event is your chance to let your 'stache shine. This family-friendly fun run is the perfect excuse to skip shaving and get moving, all while supporting a great cause—proceeds benefit North Ridgeville Parks & Recreation. The first 300 pre-registered participants will receive a race bag. Post-race refreshments will be provided. Costumes and creative mustaches are highly encouraged. **Online registration closes Monday, October 27.** We can't wait to see you—and your legendary lip sweater—on Saturday, November 1!

**Fee:**

5K Race:	40 Pre-registration/45 Race Day
5K Race (14 & under):	35 Pre-registration/40 Race Day
1 Mile:	30 Pre-registration/35 Race Day

Day	Date	Time	Race
SAT	11.01	8:45AM	1 Mile Fun Run-Walk
SAT	11.01	9:00AM	5K Race

### Santa's Calling

The North Ridgeville Lions Club is assisting Mr. & Mrs. Claus this holiday season by providing them with a direct phone line into our community. Parents who would like their children to receive a phone call from Santa must register online or at the Parks & Recreation Department. Since this is the busiest time of the year for the Clauses, they'll have time for only one call to each family. It's very important that you're home during the time your call is scheduled! For more information contact Hannah Barkhurst.

**Ages:** 3-6 year olds

**Fee:** FREE, residents ONLY

Day	Date	Time
MON	12.15	6:00-8:00PM
THUR	12.18	6:00-8:00PM

### Annual Christmas Tree Lighting

Join us for a magical evening of holiday cheer at our Annual Christmas Tree Lighting! Bring your family, friends, and festive spirits as we gather for a night filled with joy, music, and community warmth. Highlights include: Christmas Tree Lighting Ceremony, caroling – Sing with the North Ridgeville High School choir, Bonfire & S'mores – Cozy up around the fire and roast marshmallows to make delicious s'mores, Hayrides – Enjoy a festive ride through a winter wonderland and Hot Cocoa & Treats – Warm up with seasonal goodies and drinks

**Fee:** FREE to the general public

**Location:**

South Central Park Gazebo 7565 Avon Belden Rd.

Day	Date	Time
SAT	12.06	4:00-6:00PM