NORTH RIDGEVILLE PARKS & RECREATION

2025 Spring-Summer Program Guide





SCAN QR CODE

USE YOUR SMART PHONE TO ACCESS OUR ONLINE PROGRAM GUIDE AND WEBSITE TO REGISTER.



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Dear Residents,

As warmer weather approaches, our Parks and Recreation team has put together an exciting lineup of activities and events for our community to enjoy. I don't know about you, but I'm looking forward to spending more time outdoors.

You may notice some exciting upgrades happening in our parks. South Central Park is getting a brand-new playground creating an even better space for families to enjoy. Set to open this spring, the new playground will feature the North Ridgeville Rotary Sky Adventure zip line. Additionally, waterline and electrical upgrades are coming to South Central Park that will support future events and improvements. I would like to extend my sincere thanks to the Rotary Club of North Ridgeville and the the Kiwanis Club of North Ridgeville for their generous sponsorships supporting this project.

We are also making major improvements at Root Road Park, thanks to \$500,000 in state funding through H.B. 2. These funds will be used to expand and pave the parking lot and enhance stormwater management to improve park usability.

At Frontier Park, a new pedestrian bridge will be constructed and installed this year improving accessibility and connectivity. Additionally, the park will also undergo field drainage upgrades to enhance playability and park usability.

Beyond these physical enhancements, I am excited to share that 2025 is the year that Parks and Recreation will launch their new 10-year master plan. The plan will serve as a comprehensive vision designed to shape the future of the community's recreational programming and green spaces. I want to extend my gratitude to the Parks and Recreation team along with the members of the Parks and Recreation Commission for their dedication and thoughtful planning to make our parks and programs truly special.

There is always a lot happening in North Ridgeville and I encourage you to stay connected. You can:

- Visit nridgeville.org
- Follow us on Facebook at City of North Ridgeville Government and North Ridgeville Parks and Recreation
- Attend my monthly Coffee and Conversation
- Subscribe to our monthly eNewsletter at nridgeville.org/StayConnected
- Watch my weekly video at nridgeville.org or on Facebook

I look forward to seeing you soon whether it's over coffee, at one of our parks or during one of the upcoming events.

Sincerely, Mayor Kevin Corcoran





MEET YOUR TEAM

Kevin Fougerousse

Parks and Recreation Director

★ kfougerousse@nridgeville.org

(440) 490-2051



Matthew Murphy

 $Recreation \ Services \ Administrator$

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Hannah Barkhurst

Program Supervisor

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PARKS & FACILITIES GUIDE



Basketball Courts



Disc Golf



Jogging/Walking Trails



Restrooms



Pavilions



Fishing



Play Structures



Pickleball



Tennis Courts



Splash Pad



.



Fitness Are



Multi-Purpose Field



Soccer Fields (%



Baseball/Softball Fields



Batting Cage



Concession Stand

FACILITY:	LOCATION:
Safetyville Building	35753 Bainbridge Road
Community Cabin	35717 Bainbridge Road
Indoor Batting Cage	37077 Shady Drive
Concession Stands 1 & 2	37077 Shady Drive
Concession Stand	8949 Root Road
Concession Stand	5463 Mills Creek Lane

The City of North Ridgeville is home to 4 community parks and over 113 acres of park land. Parks range in size and provide a mix of features and amenities to meet a variety of needs. The list below highlights four types of parks found throughout the City, along with facilities operated and maintained by the Parks and Recreation Department.

All parks are open dawn to dusk. Lighted facilities open until 11:00 PM (Restrictions may apply)

PARKS:	LOCATION:	ACRES:	AMENITIES:										
South Central Park	7565 Avon Belden Rd.	28.98	P		外	İ	ÎÏ	(2)				P	11-11
Root Road Park	8949 Root Road	12.32	I II	ř i									
Frontier Park	5463 Mills Creek Lane	12.54	0 0	ř i	ſΠ	6							
Shady Drive Complex	37077 Shady Drive	59.39		İ	ÎĨ	*	Ô	11-11	0	X			



GENERAL INFORMATION

Office Information

North Ridgeville Parks and Recreation 7327 Avon Belden Road North Ridgeville, Ohio 44039

Phone: (440) 490-2052 Fax: (440) 490-2051

Weather Hotline: (440) 210-6226

Website: www.nridgeville.org/parksandrec

Office Hours: 8:00 AM-4:30 PM Monday-Friday Closed Saturdays & Sundays

Refund Policy

View the NRPRD Refund Policy at www.nridgeville.org/parksandrec. Click on policy tab to view the department's policy.

Photo Policy

The North Ridgeville Parks and Recreation Department reserves the right to take photos of participants enrolled in programs or those attending Parks and Recreation events. These photos are to be used strictly by the Parks and Recreation Department for the purpose of advertising in future program guides, catalogs, pamphlets, flyers and on the department website. Organizations, including media relations, must have permission from the Parks and Recreation Director, Recreation Services Administrator or Program Supervisor prior to taking photographs.

Program Cancellation

The North Ridgeville Parks and Recreation Department reserves the right to cancel any activity, program or event based on insufficient registrations, supervision or facilities. All activities, programs or events will either be rescheduled or fees will be refunded.

All classes require a minimum number of participants in order to be conducted. If the class minimum is not met by the deadline date, the activity is cancelled. Please register at least 5 days prior to the beginning of the activity.

How To Register

Online

Visit www.nridgeville.org/parksandrec. Login or create your account to register.

By Mail

Mail in a completed registration form with payment to:

North Ridgeville Parks and Recreation 7307 Avon Belden Road North Ridgeville, Ohio 44039

In-Person

Drop off completed registration form with payment at the Parks and Recreation Department Monday-Friday between 8:00 AM-4:30 PM.

Drop Box

Can't make it during the hours of operation? Place your registration form and check payment (NO CASH) in an envelope and place in our secure drop box on our office door, 24/7. Make checks payable to NR PARKS & REC.









Tot Programs

Hummingbirds Soccer Presented By: Jump Start Sports

Children will have fun while learning the basics of soccer, dribbling, passing, trapping, shooting and positioning. Sessions consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills in a low-key, non-competitive game. All participants will receive a team shirt and a participation medal.

Instructor: Jump Start Sports Staff **Ages:** 3-4 & 5-6 years old Fee: \$105 Resident/Non-Resident Registration taken at: www.jumpstartsports.com Location: Shady Drive Complex 37077 Shady Dr

Day	Date	Time	Ages
THUR	06.12-07.24	5:30-6:30 PM	3-4
THUR	06.12-07.24	6:30-7:30 PM	5-6
No Cla	se 07 03 25		

Gym and Story Time

North Ridgeville Branch Library is teaming up with Parks and Rec to bring a story and some movement that will burn off energy. Children are invited to join the fun and make new friends. Your child will experience gross motor movements and social skills along with stories and a snack.

Instructor: N. Ridgeville Library and Michelle Carey

Ages: 2-5 years old

Class Size: 04 minimum/15 maximum Fee: \$5 Resident/\$6 Non-Resident Drop-In Fee: \$6 Resident/\$7 Non-Resident Location:

Shady Drive Indoor MP Facility 37077 Shady Dr

Session	Day	Date	Time
Ses I	FRI	05.02	10:00-11:00 AM
Ses II	FRI	05.16	10:00-11:00 AM

Petite Star Shiners Tap & Ballet

Step into the world of dance with us and watch your Petite Star shine brighter than ever! Our tap and ballet combination class is designed to keep young dancers moving, learning, and having a blast. From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skillbuilding, our classes gently guide your child towards mastering dance techniques while fostering creativity and self-expression. Plus they'll have the chance to showcase their skills in our in-class performance at the end of the session. Join our dance family today and let the magic of movement unfold for your little one.

Instructor: Dance To EvOLvE

Ages: 3-6 years old

Class Size: 06 minimum/15 maximum Fee:

Session I: \$102 Resident/ \$112 Non-Resident

Session II \$170 Resident/ \$180 Non-Resident Location: Community Cabin 35717 Bainbridge Rd

Session Day Ses I MŎN 05.05-06.16 4:30-5:25 PM No Class 05.26.25 06.23-08.25 4:30-5:25 PM Ses II MON

Magical Munchkins

Step into our enchanting introductory dance class where rhythm, grace and boundless fun await! Our dynamic sessions seamlessly blend tap + ballet and engaging dance games, creating an energetic and expressive atmosphere where every child can shine. Classes are continuous and progressive each session guiding your dancer toward a dazzling onstage performance in the spring.

Parents/caregivers, your presence is required as you support your child's journey, joining in as needed to make this experience truly special. Come join our warm and inviting dance family where every class is a step towards something truly magical.

Instructor: Dance To EvOLvE

Ages: 2-3 years old

Class Size: 06 minimum/15 maximum

Fee:

Session I: \$102 Resident/\$112 Non-Resident Session II: \$170 Resident/\$180 Non-Resident Location: Community Cabin 35717 Bainbridge Rd

Session	Day	Date	Time
Ses I	MŎN	05.05-06.16	3:45-4:25 PM
No Class	05.26.25	5	
Ses II	MON	06 23-08 25	3.45-4.25 PM



Junior Pony Camp

You will play games, have story time, groom and play with the ponies and then ride them. Participants must wear long pants, flat shoes and a helmet. There is a 65 pound weight limit. For more info call Lorraine Schaffner at (440) 891-9992.

Instructor: Pony Tale Farms Staff Ages: 2-6 years old

Class Size: 04 minimum/10 maximum Fee: \$45 Resident/\$55 Non-Resident Location: Pony Tale Farms 13360 Cowley Rd

Session	Day	Date	Time
Ses I	TUES	05.06 & 05.13	4:00-4:45 PM
Ses II	THUR	06.19 & 06.26	4:00-4:45 PM
Ses III	TUES	07.08 & 07.15	4:00-4:45 PM
Ses IV	THUR	08.21 & 08.28	4:00-4:45 PM





Safetyville

The North Ridgeville Police Department is sponsoring its annual Safetyville program. The program provides an educational setting in which children are exposed to various topics related to traffic and school bus safety, stranger danger, using 911, fire safety and more. The children receive their lessons inside an enclosed classroom, then practice these lessons outside within a realistic miniature village. Each session is one week. The Safetyville program is for children entering kindergarten in the Fall of 2025, but is not a prerequisite for kindergarten. For more info contact Somer Oliva solivia@nridgeville.org.

Instructor: North Ridgeville Police Department Ages: Children entering Kindergarten in Fall 2025 Class Size: 06 minimum/36 maximum Fee: \$45 Resident/\$50 Non-Resident Location: Safetyville Building 35753 Bainbridge Rd

Session	Day	Date	Time
Ses I	M-F	06.02-06.06	8:00-9:30 AM
Ses II	M-F	06.02-06.06	9:45-11:15 AM
Ses III	M-F	06.02-06.06	11:30 AM-1:00 PM
Ses IV	M-F	06.09-06.13	8:00-9:30 AM
Ses V	M-F	06.09-06.13	9:45-11:15 AM
Ses VI	M-F	06.09-06.13	11:30 AM-1:00 PM

Little Mermaids and Pirates Dance Camp

Ahoy, Mateys! Dive into a magical world of enchanting mermaids and daring pirates in this swashbuckling dance camp. Set sail on a sea of creativity as your young buccaneer dances gracefully like a mermaid and stomps like a fearless pirate. Join us for a week filled with aquatic adventures! Campers will dance to the rhythm of the waves, craft their own mermaid tails and pirate hats and sing sea shanties that echo across the seven seas. Family and friends are invited to the ocean for the Friday show.

*Please pack a snack for your child

*Make sure to wear sneakers or dance shoes

Instructor: Dance to EvOLvE

Ages: 3-7 years old

Class Size: 06 minimum/15 maximum Fee: \$199 Resident/\$209 Non-Resident Location: Community Cabin 35717 Bainbridge Rd

Day	Date	Time
M-FRI	08.04-08.08	9:00 AM-Noon





May 1-August 31

Youth Programs

Beat Busters Hip Hop

Welcome to Beat Busters, where the rhythm never stops and the energy is always high! Designed for boys and girls ready to unleash their inner dance superstar, our dynamic class is all about having fun while honing creativity, coordination, musicality and listening skills. From hip hop grooves to exhilarating dance games, every moment is packed with non-stop action that will have you movin' to the beats! Rest assured, all music and moves are age-appropriate ensuring a safe and enjoyable experience for all. As dancers groove and grow, they're encouraged to join us on an exciting journey towards the in-class showcase at the end of the session where they'll have the chance to shine and showcase their newfound skills to the world.

Instructor: DanceTo EvOLvE

Ages: 4-7 years old

Class Size: 06 minimum/16 maximum

Fee:

Session I: \$102 Resident/\$112 Non-Resident Session II: \$170 Resident/\$180 Non-Resident Location: Community Cabin 35717 Bainbridge Rd

Session Day Date Time Ses I MON 05.05-06.16 5:30-6:25 PM No Class 05.26.25 MON 06.23-08.25 5:30-6:25 PM Ses II



Beginning Art

Our goal is to help students develop a love for art! We will start to learn different techniques and explore different mediums. Each week the children will create a unique piece of art, all of which will be displayed during an art show on the last day. Please wear clothes that can get dirty.

Instructor: Amanda Hamilton

Ages: 5-10 years old

07

Class Size: 05 minimum/10 maximum Fee: \$45 Resident/\$55 Non-Resident

Location: Community Cabin 35717 Bainbridge Rd

Session	Day	Date	Time	
Ses I	SAT	05.03-05.24	11:00 AM-Noon	
Ses II	SAT	06.14-07.12	11:00 AM-Noon	
No Class 07.05.25			11.00 AWI-1100II	
Ses III	SAT	07.19-08.16	11:00 AM-Noon	
No Class 08.09.25				



Foil an Epee Fencing

The art of swordsmanship has been practiced for centuries. First, it was to train for deadly combat –the duel. Now, it is fun and safe for boys and girls, men and women. Join instructor Tom Nagy and the On Target Fencing Team as they teach you Foil and Epee in an advanced setting. For more info contact Tom Nagy at (440) 327-0808.

Instructor: Tom Nagy

Ages: 8 and Up

Class Size: 04 minimum/36 maximum

Fee: \$85 Resident/\$95 Non-Resident (eqpt. included)

THUR: Shady Dr. Indoor MP Facility 37077 Shady Dr SAT: NR Senior Center 7327 Avon Belden Rd

Session	Day	Date	Time	
Ses I	TH/SAT	05.01-05.31	8:00-9:30 PM (TH)	
			9:00AM-12:30PM (S)	
Ses II	TH/SAT	06.05-06.28	8:00-9:30 PM (TH)	
			9:00AM-12:30PM (S)	
Ses III	TH/SAT	07.03-07.31	8:00-9:30 PM (TH)	
			9:00AM-12:30PM (S)	
Ses IV	TH/SAT	08.02-08.30	8:00-9:30 PM (TH)	
	,		9:00AM-12:30PM (S)	
No Class 08.09.25				

Family & Friends CPR

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR and mild and severe airway block for adults, children and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique which provides students with the most hands-on CPR practice time possible. Cost covers booklet for you to keep. A CPR certificate is not provided upon completion of this class.

Instructor: North Ridgeville Fire Department Ages: 8 and Up Class Size: 04 minimum/20 maximum Fee: \$3 Resident/\$5 Non-Resident

Location: NR Fire Station #1, 7000 Ranger Way

Day	Date	Time
SAT	05.10	9:00-11:00 AM

Mommy and Me Cookie Decorating

Join Val's Cookie Corner for a sweet and creative bonding experience at our Mommy & Me cookie decorating class! Designed for an adult and child, this class is perfect for moms, dads, grandparents, aunts, uncles or family friends who want to spend quality time together. Each participant will decorate three cookies featuring a Mama Bear theme including a special cookie where kids can draw their own edible picture. The cost includes one adult and one child with the option to purchase an additional child ticket. Every attendee, whether an adult or child, must have a ticket. No unsupervised children are allowed, this is a shared experience meant to be enjoyed together! Come learn basic decorating techniques, get creative with icing and make sweet memories that will last long after the cookies are gone. All class tools are supplied. Cookies are vanilla-almond sugar cookies with vanilla royal icing.

Instructor: Valerie Roth

Ages: 5 and Up Class Size: 02 Minimum/15 Maximum Fee: \$65 per pair Resident/\$75 per pair Non-Resident Location:

Shady Dr. Indoor MP Facility 37077 Shady Dr

Day	Date	Time
SAT	05.03	10:00-11:00 AM

Pony Camp

Children will learn introductory riding skills, safety issues and general pony care. Participants must wear long pants, flat shoes and helmet. There is a 125 pound weight limit. For more info call Lorraine Schaffner at (440) 891-9992.

Instructor: Pony Tale Farms Staff Ages: 7-12 years old Class Size: 04 minimum/10 maximum Fee: \$100 Resident/\$110 Non-Resident Location: Pony Tale Farms 13360 Cowley Rd

Session	Day	Date	Time
Ses I	TUES	05.06-05.27	5:00-6:00 PM
Ses II	THUR	06.05-06.26	5:00-6:00 PM
Ses III	TUES	07.08-07.29	5:00-6:00 PM
Ses IV	THUR	08.07-08.28	5:00-6:00 PM

Summer Adventure Camp

Summer break is just around the corner and you don't have a babysitter. What are you going to do? North Ridgeville Summer Adventure Camp is the perfect place for your child. Camp will provide your child with opportunities to make new friends, play games, make art projects and enjoy a small snack. Emergency medical forms must be completed and turned in prior to attendance. Pack a nonperishable lunch and drink, bring a bathing suit, towel, sunscreen, and tennis shoes each day. We will go on a field trip each week and have special guests throughout the summer.

A parent packet with details can be found online under the "forms" tab with details. A calendar of activities is provided in the parent packet.

A \$5.00 down payment is due upon registration. The week must be paid in full each Wednesday before your child attends camp.

Ages: Entering grades 1-6 in Fall of 2025 Class Size: 10 minimum/44 maximum

1st Child Weekly: \$170 Resident/\$180 Non-Resident 2nd Child Weekly: \$160 Resident/\$170 Non-Resident 3rd Child Weekly: \$150 Resident/\$160 Non-Resident Fee is per registrant/per week

Week	Day	Date	Time
WK1	M-FRI	06.02-06.06	7:30 AM-5:30 PM
WK2	M-FRI	06.09-06.13	7:30 AM-5:30 PM
WK3	M-FRI	06.16-06.20	7:30 AM-5:30 PM
WK4	M-FRI	06.23-06.27	7:30 AM-5:30 PM
WK5	M-THU	06.30-07.03	7:30 AM-5:30 PM
No car	np 07.04.	25, \$20 disco	unt this week only
WK6	M-FRI	07.07-07.11	7:30 AM-5:30 PM
WK7	M-FRI	07.14-07.18	7:30 AM-5:30 PM
WK8	M-FRI	07.21-07.25	7:30 AM-5:30 PM
WK9	M-FRI	07.28-08.01	7:30 AM-5:30 PM
WK10	M-FRI	08.04-08.08	7:30 AM-5:30 PM

Beginning Figure Drawing

In beginning figure drawing, the children will learn the basic techniques of how to draw people and practice the things they learn to create their own sketch of a person of their choosing.

Instructor: Amanda Hamilton Ages: 8-12 years old Class Size: 05 minimum/10 maximum Fee: \$35 Resident/\$45 Non-Resident Location: Community Cabin 35717 Bainbridge Rd

Day	Date	Time		
SAT	05.03-05.24	10:00-10:45 AM		
SAT	06.14-07.12	10:00-10:45 AM		
No Class 07.05.25				
SAT	07.19-08.16	10:00-10:45 AM		
08.09.2	5			
	SAT	SAT 05.03-05.24 SAT 06.14-07.12 6 07.05.25		







Youth Sports

Junior Browns Flag Football In Partnership with NFL Flag

Our flag football league partners with the Cleveland Browns and NFL Flag. All teams will receive an official NFL team-branded jerseys and flag belts. Teams will compete in the Little Southwest Conference. Games are played on Saturdays with practices being held during the week. Sign up online or in-person before June 28 to receive our early bird rate. After June 28, the program fee increases by \$10.

Ages: Boys and Girls Entering Kindergarten

Date: August-October Fee: \$90 Resident/\$100 Non-Resident Location: Shady Drive Complex 37077 Shady Dr

Ages: Boys and Girls Entering Grades 1-6

Date: August-October

Fee: \$100 Resident/\$110 Non-Resident Location: Shady Drive Complex 37077 Shady Dr

Junior Browns Cheer

Jr. Browns Cheer will include basic cheer instruction including tumbling, chants and cheers. This is a local league with no travel. Each participant will receive a t-shirt, poms, a bow and hoodie. Practices will be held at Shady Drive Complex. Games will be played on Saturdays. Sign up online or in-person before June 28 to receive our early bird rate. After June 28, the program fee increases by \$10.

Ages: Boys and Girls Entering Grades 1 & 2 **Date:** August-October

Fee: \$75 Resident/\$85 Non-Resident

Location: Shady Drive Complex 37077 Shady Dr

Junior Rangers Cheer

Jr. Rangers will include basic cheer instruction including tumbling, chants and cheers. Get your child ready for middle school football and beyond. teams to their games throughout surrounding communities. The season is 10 weeks long. Each participant will receive a full uniform, poms, a bow and hoodie. Practices will be held at Shady Drive Complex. Sign up online or in-person before June 28 to receive our early bird rate. After June 28, the program fee increases by \$10.

Ages: Boys and Girls Entering Grades 3-6

Date: August-October Fee: \$150 Resident/\$160 Non-Resident **Location:** Surrounding Communities



Junior Ranger Rookie and Varsity Tackle Football

The program participates with surrounding communities in the Lake Erie Youth Football League (LEYFL). Some travel is involved in this league to other communities within the LEYFL. league to other communities within the LEYFL. The goal of the program is to get your child ready for middle school football and beyond, both mentally and physically. More importantly, to continue to want to play football after their experience with Jr. Ranger Football and Cheer. Games are played on Saturdays with practices being held during the week. The season will consist of a 10-week game schedule and 4-week consist of a 10-week game schedule and 4-week pre-season practices. This league will use a 11v11 Varsity Tackle and 7v7 Rookie Tackle game models. Sign up online or in-person before June 28 to receive our early bird rate. After June 28, the program fee increases by \$10.

Ages: Grade 5 Rookie/Grade 6 Varsity

Date: August-October Fee: \$195 Resident/\$205 Non-Resident Location: Frontier Park 5463 Mills Creek Lane

Junior Ranger Padded Flag Football

The program participates with surrounding communities in the Lake Erie Youth Football League (LEYFL). Some travel is involved in this league to other communities within the LEYFL. The goal of the program is to get your child ready for middle school football and beyond, both mentally and physically. More importantly, to continue to want to play football after their experience with Jr. Ranger Football and Cheer. Games are played on Saturdays with practices being held during the week. The season will consist of a 10-week game schedule and 4-week pre-season practices. This league will use a 11v11 Varsity Tackle (6th Grade), 7v7 Rookie Tackle (5th Grade), 7v7 Rookie Tackle Grade) and 7v7 Padded Flag (4th Grade) game models. Sign up online or in-person before June 28 to receive our early bird rate. After June 28, the program fee increases by \$10.

Ages: Boys/Girls Entering Grades 3 & 4

Date: August-October

Fee: \$175 Resident/\$185 Non-Resident Location: Frontier Park 5463 Mills Creek Lane

Baseball Hitting Clinic

These baseball clinics are designed to improve skills while participating in several drills/exercises geared towards enhancing the player's performance. The drills will be done under the supervision of Mike Bryne, a youth baseball coach with over 10 years of experience running hitting clinics and coaching high school and travel programs.

Instructor: Mike Bryne Ages: 6-12 years old Fee: \$80 Resident/\$90 Non-Resident

Shady Drive Indoor MP Facility 37077 Shady Dr

Day	Date	Time	Ages
SUN	09.07-09.28	9:00-10:00 AM	6-7
SUN	09.07-09.28	10:00-11:00 AM	8-9
SUN	09.07-09.28	11:00 AM-Noon	10-12

Youth Tennis with Toca Sports/Force

Are you looking for a new sports experience for your child? Then how about a professionally run introduction to a sport of a life time? Eric Hodge has been a certified USPTR Professional and he is Director of Force Tennis Rocky River. As a graduate and resident of North Ridgeville, Coach Hodge is looking forward to working with the youth in the community. All participants should bring water. community. All participants should bring water, sunscreen, athletic shoes and a racquet.

Instructor: Eric Hodge, USPTR Professional Ages: 4-6/7-9/10-14 years old Class Size: 04 minimum/10 maximum Fee: Ages 4-6: \$48 Resident/\$58 Non-Resident Fee: Ages 7-14: \$88 Resident/\$98 Non-Resident

Location: South Central Park 7565 Avon Belden Rd

Session	Day	Date	Time	Age
Ses I	M/W	06.02-06.25	9:00-9:30 AM	4-6
			9:30-10:30 AM	7-9
			10:30-11:30 AM	10-14
Ses II	M/W	06.30-07.23	9:00-9:30 AM	4-6
			9:30-10:30 AM	7-9
			10:30-11:30 AM	10-14



Adult Sports

Adult Tennis Lessons

Join us for an hour of tennis instruction, game play, and fun! Our sessions will be geared towards adults 18+ who have little to no tennis experience but want to learn the game. Racquets will be available to borrow. Please bring water, sunscreen, and athletic shoes.

Instructor: Michelle Dukeman-Carey Ages: 18 and Up Class Size: 04 minimum/10 maximum

Fee: \$50 Resident/\$60 Non-Resident

Location: South Central Park 7565 Avon Belden Rd

Session	Day	Date	Time
Ses I	FRI	08.15-09.05	6:00-7:00 PM
Ses II	FRI	09.12-10.03	6:00-7:00 PM

Adult Men's Basketball League

Looking to stay active this summer? Register today for our 5 v 5 adult basketball open recreation league. Teams will play 8 games followed by a single elimination tournament. T-shirts will be awarded to the regular season and tournament champions. Team uniforms are required for game play.

Ages: 18 and Up

Fee: \$325/team plus \$40/team per game for officials Location:

N. Ridgeville Academic Center 34620 Bainbridge Rd

Day	Date	Time
WED	06.11-08.13	6:00-8:00 PM









Fitness Programs

All Levels Yoga

Beginner and experienced participants will learn poses focusing on alignment, focus-point and breath. The class is a low-to-medium paced flow of movement. You will receive personalized instruction on the fundamentals of voga. Explore classic yoga poses, learn healthy body alignment, experiment with modifications and props and become comfortable with the nature of voga.

Instructor: Danielle Smith

Ages: 15 and Up

Class Size: 04 minimum/15 maximum
Fee: \$34 Resident/\$40 Non-Resident
Location: Safetyville Bldg. 35753 Bainbridge Rd

Session	Day	Date	Time
Ses I	THUR	05.08-05.29	7:30-8:30 PM
Ses II	THUR	06.19-07.10	7:30-8:30 PM
Ses III	THUR	07.17-08.14	7:30-8:30 PM
No Class 08.07.25			
Ses IV	THUR	08.21-09.11	7:30-8:30 PM

HIIT Yoga

A blend of yoga with HIIT (High Intensity Interval Training), with low-intensity options, is a workout designed for all levels wanting to develop their fitness & yoga practice. HIIT is alternating intervals of high intensity workout with rest (40 seconds of HIIT to 20 seconds in a resting pose). The portions of the class are: 5 minutes centering, 10 minutes yoga warm-up flow, 30 minutes yoga HIIT, 10 minutes cool-down yoga flow & ending with a 5 minutes savasana. Receiving the benefits of both HIIT (cardio) and Yoga (balance & flexibility).

Instructor: Danielle Smith

Ages: 15 and Up

Class Size: 04 minimum/15 maximum Fee: \$34 Resident/\$40 Non-Resident Location: Safetyville Bldg 35753 Bainbridge Rd

Session	Day	Date	Time
Ses I	MON	06.16-07.07	6:30-7:30 PM
Ses II	MON	07.14-08.04	6:30-7:30 PM
No Class 09.01.25			
Ses III	MON	08.11-09.08	6:30-7:30 PM

UPLIFT

UPLIFT has cracked the code to create a strengthtraining program that's the perfect balance of effective and FUN! This is not a dance class, but each routine is choreographed to iconic music and you're likely to find a shimmy or a booty shake. Class starts with a cardio warm-up and transitions to standing routines with equipment, alternating between upper and lower body. A balance track is included after you've fatigued your muscles-which is challenging, rewarding, and a welcome change of pace before transitioning to the mat. We complete the workout with routines for the core, booty, abs and chest and a cool down with deep stretching. The experience leaves you feeling strong and confident.

Instructor: Jennifer Wiedt Ages: 15 and Up

Class Size: 04 minimum/12 maximum Fee: \$50 Resident/\$60 Non-Resident

Location: Safetyville Bldg 35753 Bainbridge Rd

Session Day Ses I SUN 06.15-07.20 10:00-11:00 AM Ses II SUN 07,27-09,14 10:00-11:00 AM No Class 08.10.25 and 08.31.25

Gentle Yoga

A calming stress-relieving yoga class designed to stretch and strengthen the body gradually. Emphasis is on building awareness of the body and breathing techniques. Yoga poses are practiced at a slow pace with attention to alignment and detail. Props, such as chairs, straps and blocks are used to assist the participant in the yoga postures. Seniors also welcome.

Instructor: Kip Cronk Ages: 15 and Ūp

Class Size: 04 minimum/15 maximum Fee: \$40 Resident/\$50 Non-Resident Location: Safetyville Bldg 35753 Bainbridge Rd

Day	Date	Time
TUE	07.01-07.29	6:00-7:00 PM

Sound Bath

Be bathed in the healing vibrations of sound, all from the comfort of your own yoga mat. Join Becky as she takes you on a relaxing journey using the highest grade Crystal Alchemy Singing Bowls. This full body relaxation experience will help with stress, tension, sleeplessness, anxiety, depression, grief, physical pain, addiction and more. Based on ancient healing techniques, this occurs through the sound wave vibrations which calm the nervous system and balance the subtle body. Be prepared to leave the session feeling refreshed, radiant and glowing from the inside out.

Instructor: Becky Hopp, With a Grateful Heart Wellness

Ages: 15 and Up Class Size: 04 minimum/15 maximum Fee: \$30 Resident/\$40 Non-Resident Location: Senior Center 7327 Avon Belden Rd

Session	Day	Date	Time
Ses I	MON	05.19	6:30-7:30 PM
Ses II	MON	06.09	6:30-7:30 PM
Ses III	MON	07.14	6:30-7:30 PM
Ses IV	MON	08.11	6:30-7:30 PM

Spinning

When in need of a challenging workout, innovative equipment, or a flat-out fun experience, look to Spinning and start enjoying the benefits of indoor cycling. This class is a great cardiovascular workout. Pedal through hill climbs, sprints and many other challenging drills and exercises. This indoor cycling class is set to exciting music tracks and choreographed to provide an excellent workout. Please bring a water bottle and towel.

Instructors: Ralph Mlady & Holly Haputa Ages: 15 and Up Class Size: 04 minimum/12 maximum

Fee: \$50 Resident/\$60 Non-Resident Location:

Shady Dr. Indoor MP Facility 37077 Shady Dr

Session	Day	Date	Time
Ses I	MON	06.02-07.07	6:30-7:30 PM
Ses II	MON	07.14-08.18	6:30-7:30 PM
Ses III	MON	08.25-10.06	6:30-7:30 PM
No class	09.01.25		
Ses I	WED	05.14-06.18	6:30-7:30 PM
Ses II	WED	06.25-07.30	6:30-7:30 PM
Ses III	WED	08.06-09.10	6:30-7:30 PM

Mile Mates

Seeking motivation and direction? Your local community has the answer! Become a part of Mile Mates, a novice running club that gathers every week to assist you in getting ready for the Stache Dash event in November. We will gather at South Central Park, where a 10-foot-wide asphalt trail links to the city center, offering a 3-mile path. The park provides bathrooms, pavilions and serves as a central meeting point for all participants. Together, we will gradually build up to running a 5K (3.1 miles) each week. You will also receive personalized running schedules to help you stay focused during the week. Upon completion, participants will get a t-shirt and a discount for the Stache Dash. Additionally, you have access expert trainers who can address any questions you may have along the way.

Instructor: Glow Fitness & Transcendence Health

Ages: 15 and Up Class Size: 04 minimum/15 maximum Fee: \$120 Resident/\$130 Non-Resident

Location: South Central Park 7327 Avon Belden Rd

Day	Date	Time
SUN	08.31-11.02	7:30-9:00 AM

Zumba Fitness

Are you ready to party yourself into shape? That's what Zumba® is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorieburning dance fitness-party that's moving millions of people toward joy and health.

Instructors: Isabel Serra & Michelle Carey

Ages: 15 and Up

Class Size: 04 minimum/40 maximum Pre-Registration Fee: \$5 Resident/\$6 Non-Resident Drop-In Fee: \$6 Resident/\$7 Non-Resident

Shady Dr. Indoor MP Facility 37077 Shady Dr

Session	Day	Date	Time
Ses I	TUE	05.06-05.27	6:30-7:30 PM
Ses II	TUE	06.03-06.24	6:30-7:30 PM
Ses III	TUE	07.01-07.29	6:30-7:30 PM
Ses IV	TUE	08.05-08.26	6:30-7:30 PM
Ses I	THUR	05.01-05.29	6:30-7:30 PM
Ses II	THUR	06.05-06.26	6:30-7:30 PM
Ses III	THUR	07.10-07.31	6:30-7:30 PM
No class o	n 07.03.	25	
Ses IV	THUR	08.07-08.28	6:30-7:30 PM

Deep Peace Restorative Yoga

Enjoy 90 minutes of relaxation that includes meditation, mindfulness and Restorative Yoga. This style of yoga is designed to provide mental and physical relaxation rather than moving quickly from one pose to another. There will be fewer poses, but they will be held three to five minutes to deepen your stretch, clear your mind and sink into your body while focusing on your breath. No experience is necessary. Please wear comfortable clothing and bring a yoga mat, pillow and blanket.

Instructor: Kip Cronk Ages: 15 and Up

Class Size: 04 minimum/15 maximum Fee: \$20 Resident/\$30 Non-Resident

Location: Safetyville Bldg 35753 Bainbridge Rd

Day	Date	Time
WED	06.25	7:00-8:30 PM
WED	07.09	7:00-8:30 PM







Adult Ed

Estate Planning Essentials

Everyone has an "estate plan" whether they know it or not and regardless of whether their assets are generous or modest. It occurs every time you create a joint title on a deed or name a beneficiary on an account. Effective estate planning involves creating a combination of directives such wills, trusts and healthcare proxies that authorize others to manage affairs during incapacity and at death. The number and type of directives can be complex or simple, depending on your needs, goals and budget. The key to good estate planning is making sure your plan is complete and understanding how each directive supports or undermines your overall intentions. Plans with gaps or conflicts can require court involvement to dictate what happens to you and your affairs.

Learn about the core directives every person should have. Get an overview of the various legal directives used in estate planning and the role each plays in an overall estate plan—whether the plan is geared toward protecting minors, avoiding nursing home costs or saving estate taxes. Leave with a worksheet that helps you rate your existing plan for effectiveness.

Instructor: Candace M. Pollock

Ages: 18 and Up

Class Size: 04 minimum/25 maximum Fee: \$25 Resident/\$30 Non-Resident Location: Council Chambers 7307 Avon Belden Rd

Day Date Time

THUR 05.08 6:30-8:00 PM

Living Wills, Health Powers of Attorney, DNR Orders, Organ Donations and HIPPA

These directives carry the power of life and death. Yet most people and some healthcare providers, do not fully understand the different role each directive plays when you cannot communicate your own wishes.

This workshop covers the legal requirements for each directive, what the agent can do and cannot do, the types of Do Not Resuscitate orders, what happens when no directives were executed prior to a health crisis as well as outcomes when the care providers refuse to honor the directives.

Instructor: Candace Pollock

Ages: 18 and Up

Class Size: 04 minimum/25 maximum Fee: \$25 Resident/\$30 Non-Resident

Location: Council Chambers 7307 Avon Belden Rd

Day THUR 06.12 6:30-8:00 PM

Veterans Benefits Primer: Little Known Benefits for Elders and the Disabled

Most seniors want to "age in place" in their own home, but declining health might make that unsafe or too expensive to sustain for an extended period of time. Assisted living is often considered financially out of reach. Nursing home care requires a significant sacrifice of net worth.

This course covers Veterans Improved Pension-Aid and Attendance benefits. It is one of the most overlooked sources of non-service disability income for disabled veterans and their surviving spouses and it could help them stay safe and together in their own home or assisted living and postpone the need for nursing home care.

Instructor: Candace M. Pollock Ages: 18 and Up

Class Size: 04 minimum/25 maximum

Fee: \$25 Resident/\$30 Non-Resident Location: Council Chambers 7307 Avon Belden Rd

Day Date Time THUR 07.10 6:30-8:00 PM

Estate Planning For Blended Families

Between 40-50% of married couples in the U.S. today are "blended families" where at least one of the partners has children from a prior relationship. While the estate planning tools traditional and blended families rely on might be the same, blended families must take extra care because traditional planning approaches can backfire on blended couples such as with risks of inadvertently disinheriting prior beneficiaries, pitting a step-parent against prior children in terms of who has authority and who and how each is kept informed, and increasing potential litigation and heartache. This program gives an overview of how traditional planning works and where it doesn't work well for the unique traditional planning works and where it doesn't work well for the unique needs of blended families.

Instructor: Candace Pollock Ages: 18 and Up Class Size: 04 minimum/25 maximum

Fee: \$25 Resident/\$30 Non-Resident Location: Council Chambers 7307 Avon Belden Rd

Date Day Time THUR 08.14 6:30-8:00 PM



American Heart Association CPR/Basic Life Support (BLS) Certification

This class is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital

Participants will learn High-quality CPR for adults, children and infants, AHA Chain of Survival (BLS components), important early use of an AED. You will also learn effective ventilations using a barrier device, importance of teams in multi rescuer resuscitation and performance as an effective team member during multi rescuer CPR and relief of foreign-body airway obstruction (choking) for adults and infants. A CPR certificate will be issued upon completion of this course. The cost covers CPR certification and materials.

Instructors: North Ridgeville Fire Department

Ages: 11 and Up

Class Size: 04 minimum/20 maximum Fee: \$10 Resident/\$15 Non-Resident

Location: North Ridgeville Fire Station #1, 7000 Ranger Way

Day	Date	Time
SAT	05.03	9:00 AM-1:00 PM
SAT	06.07	9:00 AM-1:00 PM
SAT	07.05	9:00 AM-1:00 PM
SAT	08.02	9:00 AM-1:00 PM







Community Events

Fishing Derby Sponsored By: NRPD & NRFD

Can you tell fish stories? Want bragging rights for a year? Then come join us for a fun-filled morning of fishing. Bring your own bait & fishing rod, if you don't have one, we will provide one. For more information, please contact Matthew Murphy.

Ages: 3-18 year olds Fee: FREE

\$5 donation for Aluminum Cans For Burned Children Location: South Central Park 7565 Avon Belden Rd

Day Date Time

SAT 05.03 7:30 AM-Noon

Lorain County Beautiful Day

This is a great opportunity to play an active role in improving our community and parks. Residents are encouraged to clean up, fix up, paint and spruce up our community. Interested organizations or individuals should contact Kevin Fougerousse at (440) 490-2051 or via email at kfougerousse@nridgeville.org.

Day	Date	Time
SAT	05.17	9:00 AM-Noon

Discover the Ridge Sponsored by N. Ridgeville Visitors Bureau

This is a family-friendly open house with 26 businesses throughout the city participating. Kick-off is at The Original Don Mould's Garden Center at 10:00 a.m. Enter a drawing at each open house for a chance to win the grand prize big screen TV.

Day	Date	Time
SAT	05.17	10:00 AM

Memorial Day Parade and Ceremony

Join us to honor our Veterans this Memorial Day. Watch for details about what time the parade will start and where the parade route and ceremony will begin and conclude.

Contact the Lions Club of North Ridgeville to participate in the parade at LionsClubofNR@gmail.com

Day	Date	Time
MON	05.26	9:45AM

Summer Concert Series

Get ready for a summer of music, fun, and community at our annual Summer Concert Series! Enjoy live performances from a variety of talented musicians, covering everything from classic rock, pop hits, and jazz favorites to country tunes. New this year – we're bringing in food trucks so you can grab a delicious bite while you enjoy the show! Bring your lawn chairs, blankets, and friends for a fantastic evening under the stars. Concerts are free and open to all. Don't miss out on this summer tradition!

Fee: FREE
Location:

South Central Park Gazebo 7565 Avon Belden Rd Time: All concerts are from 6:00 to 8:00 PM

Day	Date	Bana
SUN	06.08	Spazmatics
SUN	06.22	Benny and the Big Shot
SUN	07.13	Blue Water Kings Band
SUN	07.27	Funkology

Touch-A-Truck

Get up close and personal with all kinds of big trucks! This unique event encourages children (and adults) to touch vehicles, ask questions and even climb inside to take in the view from the

We will have a sensory friendly version of this popular event. For the first 2 hours, you can climb in and check out your favorite trucks & emergency vehicles without the lights, sirens and horns! Everyone can enjoy the cool diggers, dumpers and emergency vehicles without lights and noises. Contact Hannah Barkhurst for more information.

Ages: 2-10 years old Fee: FREE

Location: Shady Drive Complex 37077 Shady Drive

Day Date Time SAT 06.07 10:00 AM-2:00 PM 10:00 AM-Noon is Sensory Friendly

TEAL Art Fest

Live entertainment, kid-friendly activities, food, a locally curated art gallery featuring K-12 artists and more! The TEAL Art Fest is aimed at showcasing the visual and performing artists of Northeast Ohio.

This year, the festival will be a three-day event beginning with events at LCCC Ridge Campus on July 17. For details, visit battleoftheteal.org/teal-art-fest.

Fee: FREE

Location: South Central Park 7565 Avon Belden Rd

SAT 07.19 1:00-6:00 PM

North Ridgeville Corn Festival

This family-friendly event will feature live entertainment all weekend, a fireworks display on Friday night, corn eating contest Saturday afternoon, Grand Parade on Sunday. Enjoy free games and activities for kids along with free parking and free admission. For more information and a schedule of events, visit nrcornfest.org.

Fee: FREE

Location: South Central Park 7565 Avon Belden Rd

Date: 08.08-08.10



Reservations

Pavilion & Gazebo Reservations

South Central Park Pavilions and Gazebo are available for rent April 1 through October 31.

Reservations can now be made ONLINE through the NRPRD website under the "FACILITIES" tab.

Rental fees and application can be found at: nridgeville.org/parksandrec under the FORMS tab.

For more information please do not hesitate to contact Hannah Barkhurst at (440) 490-2054 or via email at hbarkhurst@nridgeville.org.



