

AMERICAN HEART ASSOCIATION CPR/BASIC LIFE SUPPORT (BLS) **CERTIFICATION**

This class is designed for healthcare professionals and other personnel who need to be certified in BLS and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings. Participants will learn high-quality CPR for adults, children, and infants, AHA Chain of Survival (BLS components), important early use of an AED.

Effective ventilations using a barrier device, importance of teams in multi-rescuer resuscitation and performance as an effective, team member during multi-rescuer CPR, and relief of foreign-body airway obstruction (choking) for adults and infants. CPR certificate will be received upon completion of this course. Cost covers CPR certificate and

Ages: 11 Years Old & Up

Fee: \$10 Resident / \$15 Non-Resident

Location: NR Fire Station 1, 7000 Ranger Way

SAT 05.21 9:00AM-1:00PM Ses II SAT 06.04 9:00AM-1:00PM Ses IIII SAT 08.06 9:00AM-1:00PM Ses IV SAT 09.03 9:00AM-1:00PM

FAMILY & FRIENDS® CPR

Family & Friends® Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practicewhile-watching technique, which provides students with the most hands-on CPR practice time possible. Cost covers booklet for you to keep.

A CPR certificate is not given upon completion of this class.

Ages: 8 Years Old & Up

Fee: \$3 Resident / \$5 Non-Resident

Location: NR Fire Station 1, 7000 Ranger Way

SAT 08.27 9:00-11:00AM

Register online: www.nridgeville.org/parksandrec OR North Ridgeville Parks and Rec Office

7327 Avon Belden Rd. Monday-Friday 8:00AM-4:30PM