

NORTH RIDGEVILLE FIRE DEPARTMENT PRESENTS**CPR CLASSES**

BECAUSE YOU JUST MIGHT SAVE A LIFE

Family & Friends® CPR

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. *Cost covers booklet for you to keep. A CPR certificate is not given upon completion of this class.*

Instructor: North Ridgeville Fire Department

Ages: 8 Years Old & Up

Class Size: 04 minimum / 20 maximum

Fee: \$3 Resident / \$5 Non-Resident

Location: NR Fire Station 1, 7000 Ranger Way

Ses I SAT 10.30 9:00-11:00AM

Ses II SAT 11.20 9:00-11:00AM

Ses III SAT 12.18 9:00-11:00AM

Ses IV SAT 01.29 9:00-11:00AM

American Heart Association**CPR/Basic Life Support (BLS) Certification**

This class is designed for healthcare professionals and other personnel who need to be certified in BLS and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings. Participants will learn high-quality CPR for adults, children, and infants, AHA Chain of Survival (BLS components), important early use of an AED.

Effective ventilations using a barrier device, importance of teams in multi-rescuer resuscitation and performance as an effective, team member during multi-rescuer CPR, and relief of foreign-body airway obstruction (choking) for adults and infants. *CPR certificate will be received upon completion of this course. Cost covers CPR certificate and materials.*

Instructor: North Ridgeville Fire Department

Ages: 11 Years Old & Up

Class Size: 04 minimum / 10 maximum

Fee: \$10 Resident / \$15 Non-Resident

Location: NR Fire Station 1, 7000 Ranger Way

Ses I SAT 11.06 10:00AM-2:00PM

Ses II SAT 12.04 10:00AM-2:00PM

Ses III SAT 01.08 10:00AM-2:00PM



Register online or at the Parks & Recreation office M-F 8:00AM-4:30PM

Visit www.nridgeville.org/parksandrec for more information